

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ciommo Fabio HEADCOACH

Coaches: Vanderhulst Midas

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 400M FREESTYLE MEN							Heat:2, starttime: 09:05	
Heat: 2/4 Lane : 2 Athlete: DE SWERDT MATHIAS							Q-time: 04:08:85	
PB (25m pool): 4:08.85 Gent 9 Nov 2024				PB (50m pool): 4:22.30 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		26.99		57.40		1:29.38		2:01.99
	26.99		30.41		31.98		32.61	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:34.65		3:06.87		3:38.42		4:08.85
	32.66		32.22		31.55		30.43	
								

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN							Heat:2, starttime: 09:40	
Heat: 2/7 Lane : 1 Athlete: CIOMMO ALESSANDER							Q-time: 00:28:71	
PB (25m pool): 28.71 Leuven 23 Nov 2024							PB (50m pool): 30.41 SB:	
	2 5 M		5 0 M					
PB			28.71					
	28.71							
								

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN							Heat:5, starttime: 09:40	
Heat: 5/7 Lane : 3 Athlete: DE SWERDT NIELS							Q-time: 00:26:73	
PB (25m pool): 26.73 Leuven 11 Oct 2025				PB (50m pool): 28.90 SB:				
	2 5 M		5 0 M					
PB			26.73					
	26.73							
								

Coach feedback:

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Event number: 18: 100M BACKSTROKE WOMEN					Heat:6, starttime: 09:55
Heat: 6/6 Lane : 8 Athlete: CAMPS ROZANNE					Q-time: 01:06:27
PB (25m pool): 1:06.27 Leuven 5 May 2024					PB (50m pool): 1:08.15 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.75		1:06.27	
	31.75		34.52		
					

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN					Heat:7, starttime: 10:25
Heat: 7/8 Lane : 5 Athlete: VANDERHULST MIDAS					Q-time: 00:28:80
PB (25m pool): 28.45 Leuven 26 Nov 2023					PB (50m pool): 29.19 SB:
	2 5 M	5 0 M			
PB		28.45			
	28.45				
					

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN					Heat:7, starttime: 10:25
Heat: 7/8 Lane : 7 Athlete: MATTHEUS IBE					Q-time: 00:29:80
PB (25m pool): 29.80 Leuven 24 Nov 2024					PB (50m pool): 31.94 SB:
	2 5 M	5 0 M			
PB		29.80			
	29.80				
					

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN					Heat:8, starttime: 10:25
Heat: 8/8 Lane : 6 Athlete: DEPREZ LUKAS					Q-time: 00:29:13
PB (25m pool): 29.13 Gent 10 Nov 2024					PB (50m pool): 29.15 SB:
	2 5 M	5 0 M			
PB		29.13			
	29.13				
					

Coach feedback:

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Event number: 22: 100M BREASTSTROKE WOMEN					Heat:1, starttime: 10:25
Heat: 1/6 Lane : 6 Athlete: ROSKIN LOTTE					Q-time: 01:18:67
PB (25m pool): 1:18.67 Leuven 11 Oct 2025					PB (50m pool): 1:24.37 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		37.68		1:18.67	
	37.68		40.99		
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN					Heat:2, starttime: 10:30
Heat: 2/6 Lane : 3 Athlete: LENAERTS HAILEY					Q-time: 01:15:74
PB (25m pool): 1:15.74 Leuven 11 Oct 2025					PB (50m pool): 1:19.08 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		35.38		1:15.74	
	35.38		40.36		
					

Coach feedback:

Event number: 23: 200M MEDLEY MEN						Heat:3, starttime: 10:45		
Heat: 3/4 Lane : 1 Athlete: DE SWERDT NIELS						Q-time: 02:12:24		
PB (25m pool): 2:11.79 Sint Amandsberg 12 Nov 2023						PB (50m pool): 2:17.17 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		27.75		1:00.84		1:40.81		2:11.79
	27.75		33.9		39.97		30.98	
								

Coach feedback:

Event number: 23: 200M MEDLEY MEN						Heat:4, starttime: 10:45		
Heat: 4/4 Lane : 7 Athlete: DECOSSAUX VALENTIN						Q-time: 02:10:60		
PB (25m pool): 2:05.43 Sint Amandsberg 12 Nov 2023						PB (50m pool): 2:10.69 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.64		58.96		1:34.51		2:05.43
	26.64		32.32		35.55		30.92	
								

Coach feedback:

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Event number: 24: 50M BUTTERFLY WOMEN										Heat:1, starttime: 10:50																				
Heat: 1/6 Lane : 3 Athlete: ROSKIN LOTTE																				Q-time: 00:30:37										
PB (25m pool): 29.84 Leuven 13 Nov 2022										PB (50m pool): 29.68 SB:																				
	2 5 M					5 0 M																								
PB						29.84																								
	29.84																													
																														

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN							Heat:2, starttime: 10:50	
Heat: 2/6 Lane : 4 Athlete: CAMPS ROZANNE							Q-time: 00:29:66	
PB (25m pool): 29.66 Leuven 19 Oct 2024							PB (50m pool): No time SB:	
	2 5 M		5 0 M					
PB			29.66					
	29.66							
								

Coach feedback:

Event number: 25: 100M FREESTYLE MEN				Heat:6, starttime: 11:05	
Heat: 6/9 Lane : 1 Athlete: DE SWERDT MATHIAS				Q-time: 00:52:15	
PB (25m pool): 52.15 Leuven 24 Nov 2024				PB (50m pool): 54.36 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.04		52.15	
	25.04		27.11		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN				Heat:6, starttime: 11:05	
Heat: 6/9 Lane : 3 Athlete: MATTHEUS IBE				Q-time: 00:52:11	
PB (25m pool): 52.11 Leuven 12 Oct 2025				PB (50m pool): 53.79 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.66		52.11	
	24.66		27.45		
					

Coach feedback:

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Event number: 25: 100M FREESTYLE MEN					Heat:6, starttime: 11:05
Heat: 6/9 Lane : 5 Athlete: CIOMMO ALESSANDER					Q-time: 00:52:03
PB (25m pool): 52.03 Leuven 12 Oct 2025					PB (50m pool): 52.87 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.87		52.03	
	24.87		27.16		
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:8, starttime: 11:05
Heat: 8/9 Lane : 2 Athlete: DE SWERDT NIELS					Q-time: 00:50:91
PB (25m pool): 50.91 Gent 10 Nov 2024					PB (50m pool): 52.89 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.20		50.91	
	24.20		26.71		
					

Coach feedback:

Event number: 27: 4x50M FREESTYLE MIXED							Heat:1, starttime: 11:10
Heat: 1/2 Lane : 4 Athlete: TEAM TRUST 1							Q-time: 01:43:78
PB (25m pool):							PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback: